

# ASPIRE™

Consulting and Training Ltd.



## 5-Day AIPLD Certificate in Executive Coaching

ASPIRE™  
TRAINING.ASIA



Influence Empower Success

# INTRODUCTION TO ASPIRE

Aspire Consulting and Training Ltd is committed to providing results driven and innovative learning solutions adding true value to all customers to support their growth in people, processes and performance.

Aspire specialises in global consulting and learning, working with multi-national organisations and government departments across the world. We have a reputation for providing high quality bespoke and accredited programmes for our customers to support their leadership teams, strategic thinking and wide range of learning and development programmes to ensure their people are at the forefront of their sectors.

Aspire is a trusted partner to many leading organisations both in the UK and internationally. our focus on ensuring your organisation understands the return on investment it should achieve from the programmes we deliver is paramount to the success of our future relationships with all our customers.

Our unique approach to designing bespoke learning and development solutions for our customers enables us to design, in conjunction with experts in that field, a truly tailored solution that maximises your return on investment. We believe that 'one size fits no one' when designing impactful courses that are focussed on changing the behaviours of individuals to impact on business results/performance.

We deliver a vast number of training programmes with a small selection below to offer a flavour of what we do:

- Becoming Management Material
- Strategic Leadership
- The Art of Influence and Negotiation
- Sales, Marketing and Branding
- Improving the Customer Experience
- Developing a Strategic Business
- Digital Business
- Lean Process Improvement
- Project Management
- Crisis and Risk Management

Below are several organisations we are currently or have supported with their development:

- The Environment Agency
- UNICEF
- Ministry of Transport Vietnam
- Jaguar Land Rover
- Total Cambodia
- Maybank
- Exxon Mobile
- Ministry of Education Oman
- Western Digital
- Malaysian Airways

Our experience and knowledge of different industry sectors offers us a unique position when working with our clients, as we can explore the true heart of the business and build our relationship, your people and your business in a dynamic and proactive way.

# PURPOSE OF THE PROGRAM

**Aspire Consulting and Training Ltd** is indisputably at the forefront of *Transformative Coaching* worldwide. We have a commitment to prepare individuals as coaches to achieve sustainable change for the people around them, so that they are being developed and supporting many types of growth. Achieved through a process of heightening awareness and deepening learning, this differs from other coaching methodologies that employ a tactical or remedial approach more useful in trouble-shooting and problem solving.

As people pursue coach training, they want a program with high standard, proven methodology and worldwide recognition. **The TAP-C™ Model** is a globally delivered program that enhances professional coaching industry standards. Our certification training program offers a fresh, leading edge approach to enable authentic and deliberate change.

**We offer the ultimate solution to maximise human capital.** Businesses are expecting their managers to devote an ever-increasing portion of their time to coach others and this is a trend that will only continue to expand. The challenges have never been greater for achieving results through people, and coaching will remain a vital leadership skill for the decades to come. A proven strategy for creating sustained growth, coaching enables superior performance of individuals, teams, and whole organisations.

The **TAP-C™ Executive Coaching Model** is not just a new methodology or trend; it is more of a tool that drives a positive change. It helps people gain clarifications through meaningful conversations. It promotes learning by stimulating people to think through about their situation and urges them to take initiatives. Coaching is all about making people realise what needs to be modified and offer them appropriate support to bring about a change.



*"Coaching is about influencing individuals to make conscious, empowered decisions to become leaders in their own lives. It is a process that occurs in a special conversation that enables learning and development and thus improves performance. It is a way of working with people that leaves them more competent and more fulfilled so that they are more able to contribute and find meaning in what they are doing."*

Prof. Jay Acharya

# ABOUT THE PROGRAM

The TAP-C™ Model incorporates a blend of coaching, mentoring and counselling, that, although considered different, share some key characteristics and skills to always support positive outcomes.

**Coaching** involves the belief that the individual has the answers to their own problems within, and need the focus to unlock their own potential.

**Mentoring** is like coaching, with a general agreement that a mentor can partner in some way to help expedite any decision making.

**Counselling** is closer to a therapeutic intervention. Focusing on past situations and identify ways to overcome barriers, that may be internal or external.

Our TAP-C™ Model therefore truly incorporates what we know to be an *Influencing and Empowered* approach to Executive Coaching in the following way:

The purpose of this training to improve your performance at the same time of improving other abilities and create a cultured and productive working atmosphere. The core objective of the course is to enable you to set and achieve organisational, departmental and personal goals, by communicating clearly with their teams, managing time more effectively and prioritising work so that achieving an organisational strategy is more of a fluid approach.

Learning Method:	Coaching	Mentoring	Counselling
The Question:	How?	What?	Why?
The Focus:	The present	The Future	The Past
The Aim:	Improving Skills	Developing and Committing to Outcomes	Overcoming psychological barriers
The Objective:	Raising Competence	Opening Horizons	Building self-belief

# ABOUT THE PROGRAM

## Program Objectives

The sessions focus on the theoretical aspects of empowering people in an organisation, by increasing the awareness of current competencies and abilities. The programme will meet all the objectives outlined below:

- Gain a greater understanding of organisational activities
- How the TAP-C™ Model can be used to develop a person and a team
- Establish how to know when to be a coach, mentor and councillor
- The behaviours of being a confident coach
- How to help a person recognise their strengths and developmental areas
- How to create and develop an empowered structured organisation

## Training Methodology

This highly interactive Aspire training course will involve active participation by all participants through a combination of direct instruction, analysis and evaluation of practical case studies, examples and exercises as well as discussions of current issues, policies, procedures and other “real life” issues arising within the participants’ respective organisations.

# PRICING AND DELIVERY

## Our programs

### Delivered :

- London – UK
- New York - USA
- Kuala Lumpur – Malaysia
- Ho Chi Minh City - Vietnam
- Bangkok – Thailand

### Times

**Start** 09.00

**Finish** 17.00

5 Day program is 40 learning hours

## 5-Day Program per person

GBP 3195.00 (+VAT)

USD 4195.00

MYR 3300.00

VND 18 Million

THB 27500.00

- Non-residential cost
- Includes certification from AIPLD on final day
- Does not include hotel, flights and expenses
- Payment to made prior to training
- Each course will have a maximum of 15 delegates

# WHY CHOOSE US?

Some ideas come and go and some change things forever. At **Aspire**, we've incorporated the best development techniques into our training so that your people not only come away with specific skills and action plans, but often see things in a different way.

Each of our training programmes set the stage for a game-changing conversation between your people and their managers. Whether they are coming to grips with sweeping changes in the organisation or grappling with the flood of young workers, our programmes give everyone a new point of view that helps and engage like never before.



## CONTACT US

[www.aspire.me.uk](http://www.aspire.me.uk)

[www.aspiretraining.asia](http://www.aspiretraining.asia)

(+44) 0333 772 0369

[Info@aspire.me.uk](mailto:Info@aspire.me.uk)

**WhatsApp** (+44) 07966 783 643

We are fortunate to work with many different types of organisations around the world, working with many blue-chip company's and Ministerial Departments such as Education, Transport and Health in the UK, Oman, Thailand and Vietnam.

We work within manufacturing, retail travel, hospitality, finance and so many more.

So, we understand our clients needs.

